

Hypnotherapy Software Built Around the Work

A connected practitioner workspace for intake, assessment, case organization, session preparation, progress, follow-up, content creation and AI-assisted case intelligence.

BEFORE	CASE	CONTENT	BETWEEN	INSIGHT
AI Intake Assessment	Journal Session Workspace	Library Linked Content	Progress Follow-Up	Fusion Reports

The core idea

Elah is designed around the hypnotherapy client journey rather than around a generic contact record. It connects the information surrounding the work while keeping professional judgment with the practitioner.

Conversational AI Intake Optional guided intake that gathers client language, goals, emotional patterns, motivations and relevant context before the first session.	Live / Phone Assessment A guided option for practitioners who prefer to complete an assessment directly with the client.
Case File + Case Journal Keep notes, reflections, observations and evolving case context together in one practitioner workspace.	Session Workspace Prepare, organize session-specific insights and document the client journey without losing the wider case context.

Create it. Connect it. Keep the work.

Elah is designed so practitioner-created content does not disappear into a single session. Create material, preserve the reusable source, and connect client-specific use back to the case.

Script Generator

Use relevant client context to generate a personalized script that can be reviewed, refined and saved.

Script Editor

Create raw material from scratch or adapt existing content while keeping your own practitioner voice.

Content Studio

Create plans, assignments, metaphors and other practitioner material, then save the result for future work.

Content Library

Store Studio-generated content and raw editor-created work so useful templates remain available for future adaptation.

Linked Content

Know exactly what the client received without sacrificing the reusable template.

Link a saved plan, script, assignment or other content item directly to the client case. The case preserves the record of what was used or delivered, while the original remains in the Content Library so it can be reopened, adapted and linked to a different client later.

CLIENT CASE	LINKED CONTENT	CONTENT LIBRARY
J.R. - Confidence	3 Night Sleep Ritual	Reusable source preserved

See the changing case, not isolated snapshots

Between-session tracking and current case intelligence help the practitioner review what is changing while keeping notes, assessment information and session context connected.

Progress Tracking Create personalized check-ins around the outcomes that matter for the case.	Progress Reports Review trends, consistency, engagement and progress over time.
Fusion Reports Bring available intake, progress, Case Journal, assessment and session information together into one current report.	Follow-Up Reminders Surface important practitioner actions so relevant follow-up is less likely to be lost between sessions.

AI, Guided by Human Wisdom

Elah surfaces context, patterns and useful working information. The practitioner remains responsible for interpretation, professional judgment and next steps.

Human oversight	Practitioner decides what matters and what happens next.
Data minimization	The case workflow is designed around limited identifying information and secure case references.
No retained intake audio	Conversational intake audio is processed for the session and is not retained as stored client audio.
Client data is not training data	Client information is not used to train Elah's underlying AI models.

Explore Elah

See the live platform, explore the AI Intake experience and review current subscription options at elah.io.

Elah is designed for hypnotherapy and transformational-practice workflows. It is not an electronic medical records system or a clinical records platform.